775-738-2700

TDC Athletics—2021-2022 Gym Schedule

www.tdcathletics.com

Monday

Tiny Tumbler
- 18 mos.-3 years
- 9:30-10:00 AM (A) (M/W) Shelly

Tumbling Tots
- 3-5 years
- 10:15-11:15 AM (A) Shelly
- 6:00-7:00 PM (B) Ashley

Power Tumbling I Beginning
- 6+ years, introductory course
- 3:30-4:30 PM (A) Ashley

Power Tumbling II/III
- Coach placement req.
- 6:30-7:30 PM (A) (M/W) Emma

Tumbling UNlimited

TOTS (3-6 yrs)
- 5:15-5:45 PM (A) Brook

Unlimited (7 & up)
- 5:45-6:30 PM (A) Brook

Cheer Fundamentals
- 6+ years
- 4:15-5:15 PM (A)Brook

COMPETITION TEAM PRACTICE

Competition Tumbling Team Mini/Prep Team
- Coach placement req.
- 4:00-5:30 PM (M/W) ClairAnn/Ashley

Competition Tumbling Team Intermediate
- Team placement req.
- 5:00-8:00 PM (M/W) ClairAnn/Leanna

Tuesday

Tiny Tumbler
- 18 mos.-3 years
- 10:00-10:30 AM (B) Ashley
- 11:30-12:00 PM (C) Ashley

Tumbling Tots
- 3-5 years
- 10:30-11:30 AM (C) Ashley
- 5:30-6:30 PM (D) Shelly

Power Tumbling I Beginning
- 6+ years, introductory course
- 6:30-7:30 PM (B) Shelly

Power Tumbling I Advanced
- 6+ years, see skills required
- 4:15-5:15 PM (B) Shelly

Power Tumbling II
- Coach placement req.
- 3:15-4:15 PM (A) Shelly

COMPETITION TEAM PRACTICE

TDC Elite ACRO
- Team placement req.
- 3:00-4:00 PM (A) Jordan
- 4:00-5:00 PM (B) Jordan

Competition Tumbling Team Advanced
- Team placement req.
- 5:00-8:00 PM (T/Th) ClairAnn/Leanna

Wednesday

Tiny Tumbler
- 18 mos.-3 years
- 9:30-10:00 AM (A) (M/W) Shelly
- 3:30-4:00 PM (D) Ashley

Tumbling Tots
- 3-5 years
- 10:15-11:15 AM (E) Shelly
- 3:30-4:30 PM (F) Shelly

Power Tumbling I Beginning
- 6+ years, introductory course
- 4:45-5:45 PM (C) Shelly

Power Tumbling II
- Coach placement req.
- 5:45-6:45 PM (D) Shelly

Power Tumbling II/III
- Coach placement req.
- 6:30-7:30 PM (A) (M/W) Emma

Tumbling & Tricks

Level I (6 + years)
- 4:00-5:00 PM (A) Derek

Level II (10+ years)
- 5:00-6:00 PM (A) Derek

COMPETITION TEAM PRACTICE

Competition Tumbling Team Mini/Prep Team
- Coach placement req.
- 4:00-5:30 PM (M/W) ClairAnn/Ashley

Competition Tumbling Team Intermediate
- Team placement req.
- 5:00-8:00 PM (M/W) ClairAnn/Leanna

Thursday

OPEN BOUNCE
THURSDAY ONLY
9-11 A.M.
$8—1 child
$11—2 children
$15—3 or more children
(same family)

Tumbling Tots
- 3-5 years
- 2:45-3:45 PM (G) Shelly

Power Tumbling I Beginning
- 6+ years, introductory course
- 5:00-6:00 PM (D) Shelly
- 6:00-7:00 PM (E) Shelly

Power Tumbling II
- Coach placement req.
- 4:00-5:00 PM (D) Shelly

COMPETITION TEAM PRACTICE

TDC Elite ACRO
- Team placement req.
- 4:00-5:00PM (C) Jodie
- 5:00-6:00PM (D) Jodie

Elite Select Acro
- 6:00-6:45 Jodie

Competition Tumbling Team Advanced
- Team placement req.
- 5:00-8:00 PM (T/Th) ClairAnn/Leanna

Friday

Tiny Tumbler
- 18 mos.-3 years
- 11:00-11:30 (C) Ashley

Tumbling Tots
- 3-5 years
- 10:00-11:00 (H) Ashley

PE Class
- 6+ years
- 11:30-12:30 PM (A) Ashley

Competition Tumbling Tuition

Mini/Prep Team (M/W): $158/mo.
Intermediate Team (M/W): $198/mo.
Advanced Team (T/Th): $198/mo.

Tumbling Class Tuition

Tiny Tumbler
---2/week Mon & Wed: $43/mo.
---1/week Thur or Fri: $28/mo.
Tumbling Tots: $63/mo.
Power Tumbling I: $63/mo.
Power Tumbling II: $63/mo.
Power Tumbling II/III
---2/week Mon & Wed: $108/mo.
Cheer: $53/mo.
Tumbling & Tricks: $63/mo.
PE Class: $38/mo.

$25 Yearly Registration Fee will be charged for all students at time of registration. (up to 3/family)

Monday	Monday	Tuesday	Tuesday	Wednesday	Wednesday	Thursday	Thursday	Friday	Friday
Studio A	**Studio B**	**Studio A**	**Studio B**	**Studio A**	**Studio B**	**Studio A**	**Studio B**	**Studio A**	**Studio B**
Pre-Ballet A 3-5 years Jordan 9:30-10:00	**Zumba** Adult Fitness Amber 8:30-9:20	**Pre-Ballet B** 3-5 years Jordan 9:30-10:00	**Tai Chi** Adult Fitness Amber 8:30-9:20		**Zumba** Adult Fitness Amber 8:30-9:20		**Tai Chi** Adult Fitness Amber 8:30-9:20		**Zumba** Adult Fitness Amber 8:30-9:20
Pre-Jazz A 3-5 years Jordan 10:00-10:30 **Creative Movement** 2-3 years Jordan 10:30-11:00		**Taps & Tutus B (Tap/Ballet)** 3-5 years Jordan 10:10-10:55					**Jazz III/IV** By Invitation Jordan 2:15-3:15		
Little Dragons 3-5 years By Integrity MA 3:10-3:40	**Lyrical III/Adv. Contemporary** By Invitation Jordan 2:15-3:15	**Hip Hop I** 6-9 years Sara 3:15-3:45	**Ballet III** By Invitation Jodie 4:00-5:00	**Soaring Dragons-Novice-B** By Integrity MA White-Yellow belt 3:40-4:30	**Pre-Ballet C** 3-5 years Jordan 3:30-4:00	**Little Dragons** 3-5 years By Integrity MA 3:10-3:40	**Jazz I** 6-9 years Jordan 3:15-4:00	**Soaring Dragons-Novice-B** By Integrity MA White-Yellow belt 3:40-4:30	
Soaring Dragons-Novice-A By Integrity MA White-Yellow belt 3:50-4:40	**Lyrical I** 6-9 years Jordan 3:15-4:00	**Comp Hip Hop Groovers** By Invitation Sara 3:45-4:45	**Jazz II/III** 10-13 years Jodie 5:00-6:00	**Elite Jr. Contemporary** Timbre 4:45-5:30	**Elite Jr. HipHop** Jordan 4:00-4:45 **Ballet I B** 6-9 years Jordan 4:45-5:30	**Soaring Dragons-Novice-A** By Integrity MA White-Yellow belt 3:50-4:40	**Ballet III** By Invitation Jordan 4:00-5:00		
Soaring Dragons-Intermediate/Adv. By Integrity MA Green-Blue belt 4:45-5:35	**Taps & Tutus A (Tap/Ballet)** 3-5 years Jordan 4:00-4:45	**Comp Hip Hop Punks** By Invitation Sara 4:45-5:45	**Pointe I/II** By Invitation Jodie 6:00-7:00	**Elite Petite Character** Jodie 5:30-6:15 **Elite Mini Lyrical** Jodie 6:15-7:00	**Elite Jr. Jazz** Timbre 5:30-6:15 **Elite Teen Contemporary** Jordan 6:15-7:00	**Soaring Dragons-Intermediate/Adv.** By Integrity MA Green-Blue belt 4:45-5:35	**Ballet II** 10-13 years Jordan 5:00-6:00		
Okinawan Kobudo Weapons By Integrity MA By Invitation 5:40-6:10	**Ballet I A** 6-9 years Jodie 4:45-5:30 **Tap I** 6-9 years Jodie 5:30-6:15	**Comp Clog Mini Yahoos** Laura/Sara 5:45:6:45	**Elite Senior Lyrical** Jodie 7:00-7:45 **Elite Senior Hip Hop** Jordan 7:45-8:30	**Elite Junior Lyrical** Jodie 7:00-7:45 **Lyrical II** 10 years & up Jordan 7:45-8:30	**Elite Teen Lyrical** Jordan 7:00-7:45 **Elite Teen Jazz** Jodie 7:45-8:30	**Clog I Starts** 5 + years Deb/Cristina 5:45-6:15 **Clog II Sugar Feet** By Invitation Deb/Cristina 6:15-7:00	**Pointe I/II** By Invitation Jordan 6:00-7:00 **Elite Select Contemporary** Jordan 7:00-7:45		
Comp Clog Sparks By Invitation Deb/Cristina 6:15-7:15	**Comp Clog Yahoos & a Dude Laura/Sara** 6:15-7:15	**Hip Hop II/III** 10 years & up Sara 6:45-7:45					**Elite Senior Jazz** Jordan 7:45-8:30		
		Tap II/III By Invitation Jodie 8:00-8:45				****$25 Yearly Registration Fee will be charged for all students at time of registration. (up to 3/family)**			

Adult Fitness/Dance Tuition

Zumba: $35/mo.
Monday/Wednesday/Friday
TaiChi: $25/mo.
Tuesday/Thursday
Zumba/TaiChi Combo: $45/mo.
Monday-Friday
Drop-In Fee: $6/class

(SEE SEPARATE WEEKEND SCHEDULE)
Martial Arts: $63
Clog: $53

Dance Tuition**

30-min. class: $43/mo.
45-min. class: $48/mo.
1-hour class: $53/mo.
Ballet III, Pointe I & II: $75/ mo.

Martial Arts Tuition**

Little Dragons: $63/mo.
Soaring Dragons: $93/mo.
Okinawan Kobudo Weapons: $53/mo.